

ASD NEWSLETTER

Date: **12th December 2018**

Dear Parents/Carer

Thank you to all of you what attended to the last group. A huge thank you to everyone for attending the group last mont. It was very helpful having Debbie and Nicki from both the **Primary and Secondary ASD Outreach Teams**. They shared about their service and the support and advice offered to schools. The shared strategies and provided some handouts, all of which were very much appreciated. We hope to invite them back again next year.

Please note that our next session is on the **12th December2018** which is a **Wednesday**. It is in our usual room.

We are delighted to have a staff member from Jigsaw CABAS® School is an independent day school for ASD children. They are offering a presentation linked to dealing with behaviour concerns.

All parents or carers of children on the Autism Spectrum or with traits are welcome. We usually have a speaker ever week after which we chat, drink coffee and eat biscuits☺. I look forward to seeing you all, and also to welcome new members.

If you want to be able to contact or be contacted by other members of the group, Sara Lawler sara.lawler@outlook.com is in charge of the Parent Support Group contact list (separate from the CAMHS email list) and I am sure she would be happy to help.

Both myself, Pat Griffin and Nicky Radford are really looking forward to seeing you all next week.

The ASD Parent Support Group Sessions are **Wednesdays or Thursdays from 9.30am until 11.30am in Room 1-04, Gatton Place, St. Matthews Road, Redhill, RH1 1TA.**

Next Date : 21st November 2018 at 9.30a.m. at Gatton Place, St Matthews Road, Redhill. RH1 1TA

KEY DATES

12th December 2018 – Jigsaw CABAS® School is an independent day school for ASD children. Presentation linked to dealing with behaviour concerns.

23rd January 2019 – Ana Jijon and Sabrina Lane, Trainee Psychologists, presentation on Anxiety.

27th February 2019 – Andrew Crinson SSIASS Advisor to discuss ECHP and the process.

20th March 2019 – Imogen Hagarty, Trainee Educational Psychologist

24th April 2019 – tbc

15th May 2019-tbc

19th June 2019 –tbc

17th July 2019 - tbc

Hearing about your experiences of our services is really important to us and helps us know where we need to improve so we can provide better care and treatment on an on-going basis. You can tell us what you think about the service you are receiving by completing a short online survey www.sabp.nhs.uk/yourviewsmatter